



## Maine SAVVY CAREGIVER Training Schedule



(update November, 2010)

**Maine's SAVVY CAREGIVER Training** is sponsored by the Office of Elder Services, Department of Health and Human Services and funded by the Administration on Aging. The training provides family caregivers of people with dementia the knowledge, skills and attitude essential for successful caregiving. Participation in the 12-hour training that is provided in 6 sessions includes participation in a research project to evaluate the effectiveness of this program. Caregivers are asked to complete surveys.

**Some trainings below are still being arranged, but they are listed so that caregivers know if a training is being planned in their area. For more information, call the contact person providing the training or Jan Halloran at (207) 287-9233 - [Jan.Halloran@maine.gov](mailto:Jan.Halloran@maine.gov).**

	<b>TRAINING SITES and CONTACT INFORMATION</b>	<b>TRAINING DATES and TIMES</b>
<b>A.</b>	<b>SOUTHERN MAINE (Southern Maine Agency on Aging (trainings))</b>	
<b>*1.</b>	Southern Maine Agency on Aging 136 US Route One <b>Scarborough, ME</b> 04074 Trainer: Ann O'Sullivan Contact: Ann O'Sullivan – 1-800-427-7411 ext. 541	January 4, 11, 18 & 25 and February 1 & 7, 2011 (Tuesdays) 1:00 p.m. – 3:00 p.m.
<b>2.</b>	Gorham Adult Education  <b>Gorham, ME</b> 04038 Trainer: Kate Dulac Contact: Kate Dulac 1-800-427-7411 x558	February 9, 16 and March 2, 9, 16 & 23, 2011 (Wednesdays) 6:00 p.m. – 8 p.m
<b>*3.</b>	Crooked River Adult Education  <b>Casco, ME</b> 04015 Trainer: Ann O'Sullivan Contact: Ann O'Sullivan 1-800-427-7411 x541	March 8, 15, 22, 29 and April 5 & 12, 2011 (Tuesdays) 4:30 p.m. – 6:30 p.m.
<b>4.</b>	Senior Center at Lower Village <b>Kennebunk, ME</b> 04043 Trainer: Kate Dulac Contact: Kate Dulac 1-800-427-7411 x558	April 4, 11, 25 and May 2, 9 & 16, 2011 (Mondays) 1:00 p.m. – 3:00 p.m.
<b>5.</b>	Southern Maine Agency on Aging 136 U.S. Route 1 <b>Scarborough, ME</b> 04074 Trainer: Ann O'Sullivan Contact: Ann O'Sullivan 1-800-427-7411 x541	May 3, 10, 17, 24, 31 and June 7, 2011 (Tuesdays) 5:30 p.m. – 7:30 p.m.
<b>6.</b>	The Gathering Place <b>Kittery, ME</b> 03904 Trainer: Kate Dulac Contact: Kate Dulac 1-800-427-7411 x558	May 31, June 7, 14, 21, 28 and July 5, 2011 (Tuesdays) 1:00 p.m. – 3:00 p.m.
<b>7.</b>	Southern Maine Agency on Aging 136 U.S. Route 1 <b>Scarborough, ME</b> 04074 Trainer: Ann O'Sullivan Contact: Ann O'Sullivan 1-800-427-7411 x541	July 6, 13, 20, 27 and August 3 & 10, 2011 (Wednesdays) 9:30 a.m. – 11:30 a.m.

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8.	Windham Adult Education 406 Gray Rd. <b>Windham, ME</b> 04062 Trainer: Ann O'Sullivan Contact: Ann O'Sullivan 1-800-427-7411 x541	September / October 2011  To Be Determined (Tuesdays) 6:00 p.m. – 8:00 p.m.
9.	Portland Adult Education <b>Portland, ME</b> 04401 Trainer: Kate Dulac Contact: Kate Dulac 1-800-427-7411 ext. 541	September / October To Be Determined (Thursdays) 6:00 p.m. – 8:00 p.m.
<b>B.</b>	<b>CENTRAL MAINE (Spectrum Generations)</b>	
<b>1.</b> <b>AT</b>	Department of Health and Human Services 98 North Avenue <b>Skowhegan, ME</b> 04976 Trainer: Bonnie Tracy Contact: Rebecca Reynolds at 1-800-282-0764 ext. 127	February 9, 16, 23 and March 2, 9 & 16, 2011 (Wednesdays) 12:00 (noon) until 2:00 p.m.
2.	Midcoast Center 12 Main St. Topsham, ME 04086 Trainers: Rebecca Reynolds and Leslie Bray Contact: Rebecca at 1-800-282-0764 ext. 127	January 24, 31, February 7, 14, 28 and March 7, 2011 (Mondays) 1:00 p.m. – 3:00 p.m.
3.	Muskie Community Center 38 Gold Street, <b>Waterville, ME.</b> 04901 Trainers: Rebecca Reynolds and Leslie Bray Contact: Rebecca at 1-800-282-0764 ext. 127	January 6,13,20,27, Feb 3 and 10 (Thursdays) 1:00pm-3:00pm
<b>C.</b>	<b>EASTERM MAINE (Alzheimer's Association- Maine Chapter)</b>	
1.	Location Pending <b>Ellsworth, ME</b> Contact: Alzheimer's Association, Maine Chapter 1-800-272-3900	April 29, May 6, 13, 20, 27 and June 3, 2011 (Fridays)
2.	Location Pending <b>Blue Hill, ME</b> Contact: Alzheimer's Association, Maine Chapter 1-800-272-3900	April 29, May 6, 13, 20, 27 and June 3, 2011 (Fridays)
3.	Location Pending <b>Machias, ME</b> Contact: Alzheimer's Association, Maine Chapter 1-800-272-3900	June 9, 16, 23, 30 and July 7 & 14, 2011 (Thursdays)
4.	Location Pending <b>Calais, ME</b> Contact: Alzheimer's Association, Maine Chapter 1-800-272-3900	June 9, 16, 23, 30 and July 7 & 14, 2011 (Thursdays)
5.	Colonial Residential Care 36 Workman Terrace Street <b>Lincoln, ME 04457</b> Contact: Alzheimer's Association, Maine Chapter 1-800-272-3900	November 12, 19 and December 3, 10 & 17*, 2010 (Fridays) 9:30 am – 11:30 am *Classes 5 & 6 will both be held on December 17.
6.	Location Pending <b>Orono, ME</b> Contact: Alzheimer's Association, Maine Chapter 1-800-272-3900	August 18, 25 and September 1, 8, 15 & 22, 2011 (Thursdays)
7.	Location Pending  <b>Bangor, ME</b> Contact: Alzheimer's Association, Maine Chapter 1-800-272-3900	August 18, 25 and September 1, 8, 15 & 22, 2011 (Thursdays)

	<b>TRAINING SITES and CONTACT INFORMATION</b>	<b>TRAINING DATES and TIMES</b>
<b>8.</b>	Location Pending  <u>Millinockett</u> , ME Contact: Alzheimer's Association, Maine Chapter 1-800-272-3900	August 19, 26, September 2, 9, 16 & 23, 2011 (Fridays)
<b>D.</b>	<b>WESTERN MAINE (Alzheimer's Association, Maine Chapter Training)</b>	
<b>1.</b>	Ricker Memorial Library 1211 Maine Street <u>Poland</u> , ME 04274 Contact: Alzheimer's Association, Maine Chapter 1-800-272-3900	January 11, 18, 25 and February 1, 8, & 15, 2011 (Tuesdays) 1:00 p.m. – 3:00 pm
<b>2.</b>	Lisbon Falls Community Library 28 Main Street <u>Lisbon</u> , ME 04274 Contact: Alzheimer's Association, Maine Chapter 1-800-272-3900	January 10, 24, 31 and February 7, 14, & 28, 2011 (Tuesdays) 1:00 pm – 3:00 pm
<b>3</b>	Seniors Plus Education Center 8 Falcon Road <u>Lewiston</u> , ME 04243 Contact: Alzheimer's Association, Maine Chapter 1-800-272-3900	February 22, March 1, 8, 15, 22 & 29, 2011 (Tuesdays) 2:00 – 4:00 pm
<b>4.</b>	Location Pending <u>Fryeburg</u> , ME 04037 Contact: Alzheimer's Association, Maine Chapter 1-800-272-3900	March 4, 11, 18, 25 and April 1 & 8, 2011 (Fridays)
<b>5.</b>	Location Pending <u>Norway</u> , ME Contact: Alzheimer's Association, Maine Chapter 1-800-272-3900	March 3, 10, 17, 24, 31 and April 7, 2011 (Thursdays)
<b>6.</b>	Location Pending <u>Bethel</u> , ME Contact: Alzheimer's Association, Maine Chapter 1-800-272-3900	March 3, 10, 17, 24, 31 and April 7, 2011 (Thursdays)
<b>7.</b>	Location Pending <u>Kingfield</u> , ME Contact: Alzheimer's Association, Maine Chapter 1-800-272-3900	July 19, 26 and August 2, 9, 16 & 23, 2011 (Tuesdays)
<b>8.</b>	Location Pending <u>Greenville</u> , ME Contact: Alzheimer's Association, Maine Chapter 1-800-272-3900	July 19, 26 and August 2, 9, 16 & 23, 2011 (Tuesdays)
<b>9.</b>	Auburn Hall (City Hall) 60 Court Street <u>Auburn</u> , ME 04210 Contact: Alzheimer's Association, Maine Chapter 1-800-272-3900	January 10, 24, 31 and February 7, 14 & 28, 2011 (Mondays) 9:00 am – 11:00 am
<b>10.</b>	Franklin Memorial Hospital Allan Room (ground floor) 111 Franklin Health Commons <u>Farmington</u> , ME 04938 Contact: Alzheimer's Association, Maine Chapter 1-800-272-3900	January 14, 21, 28 and February 4, 11, & 18, 2011 (Fridays) 1:00 – 3:00 pm
<b>11.</b>	Location Pending <u>Rangeley</u> , ME Contact: Alzheimer's Association, Maine Chapter 1-800-272-3900	July 18, 25 and August 1, 8, 15 & 22, 2011 (Mondays)
<b>E.</b>	<b>NORTHERN MAINE (Aroostook Agency on Aging)</b>	
	Information not available at this time	